

The World of Kythera Trails

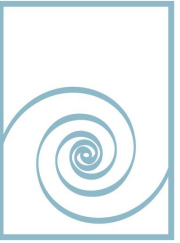


KYTHERIAN FOUNDATION
FOR CULTURE & DEVELOPMENT



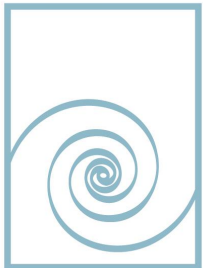
MUNICIPALITY
OF KYTHERA





*“Kythira is one of the last
untouched islands of the
Mediterranean Sea”*

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*“At the crossroads of three seas,
between mainland Greece and Crete,
Kythera is a hidden island jewel”*





*“...an unspoilt wonder, away
from the masses”*



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*“just pure bliss - no
sweating crowds, no
chain stores, no cruise
ships”*

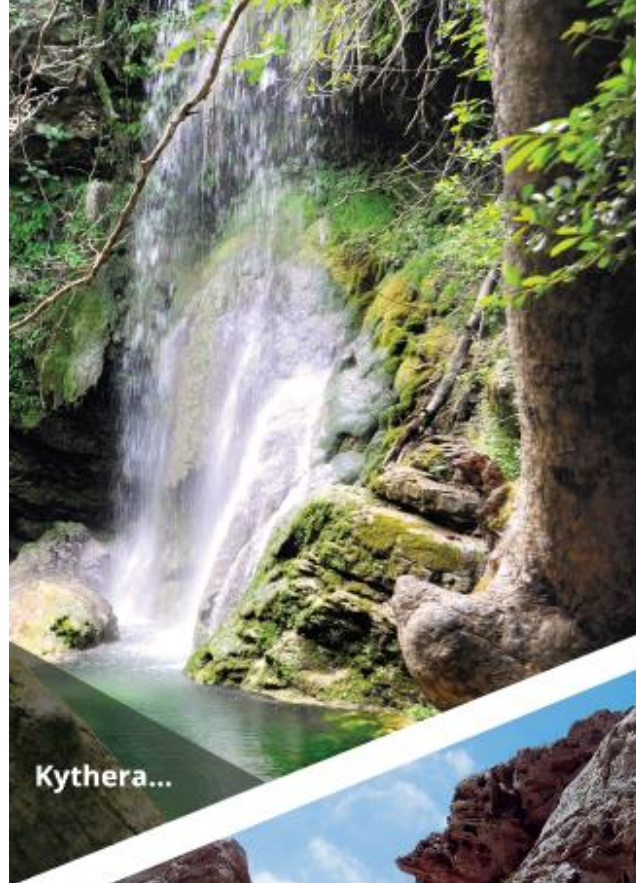


“Kythira is a unique mélange of influences as the gateway between eastern & central Mediterranean”

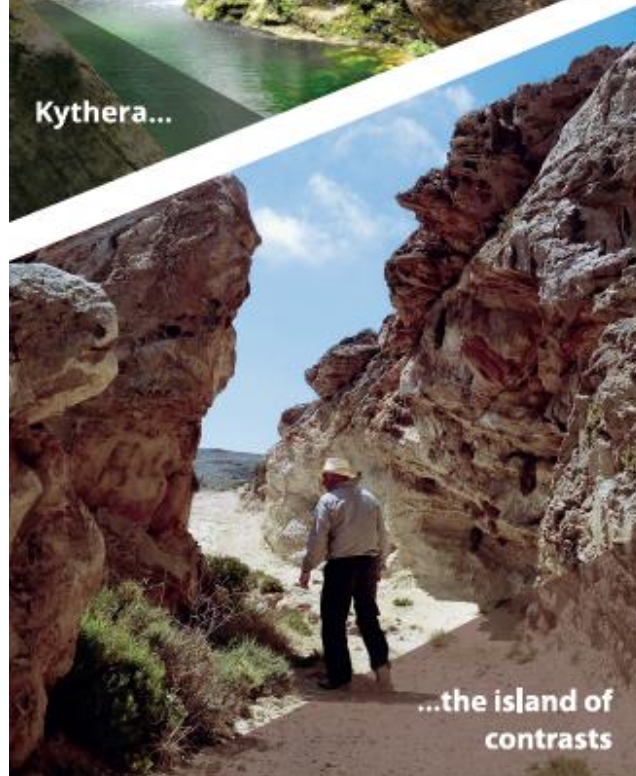
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Kythera...



...the island of
contrasts

*“an immersive
experience, hiking
through diverse
landscapes”*

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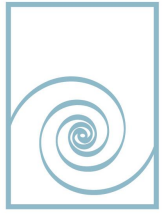


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*“an island of living
traditions”*



*“eat honest
local food”*



*“savour the real
Mediterranean
culinary culture”*



HIKE KYTHERA



GO HIKING

GO HIKING

KYTHERA TRAILS

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“By hiking on Kythera, you support heritage conservation, small businesses and the local community protecting the island”

*Kythera Trails is the official trail network of Kythera Island
It is a programme run by the following 4 organizations*

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FOR CULTURE & DEVELOPMENT



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OF KYTHERA

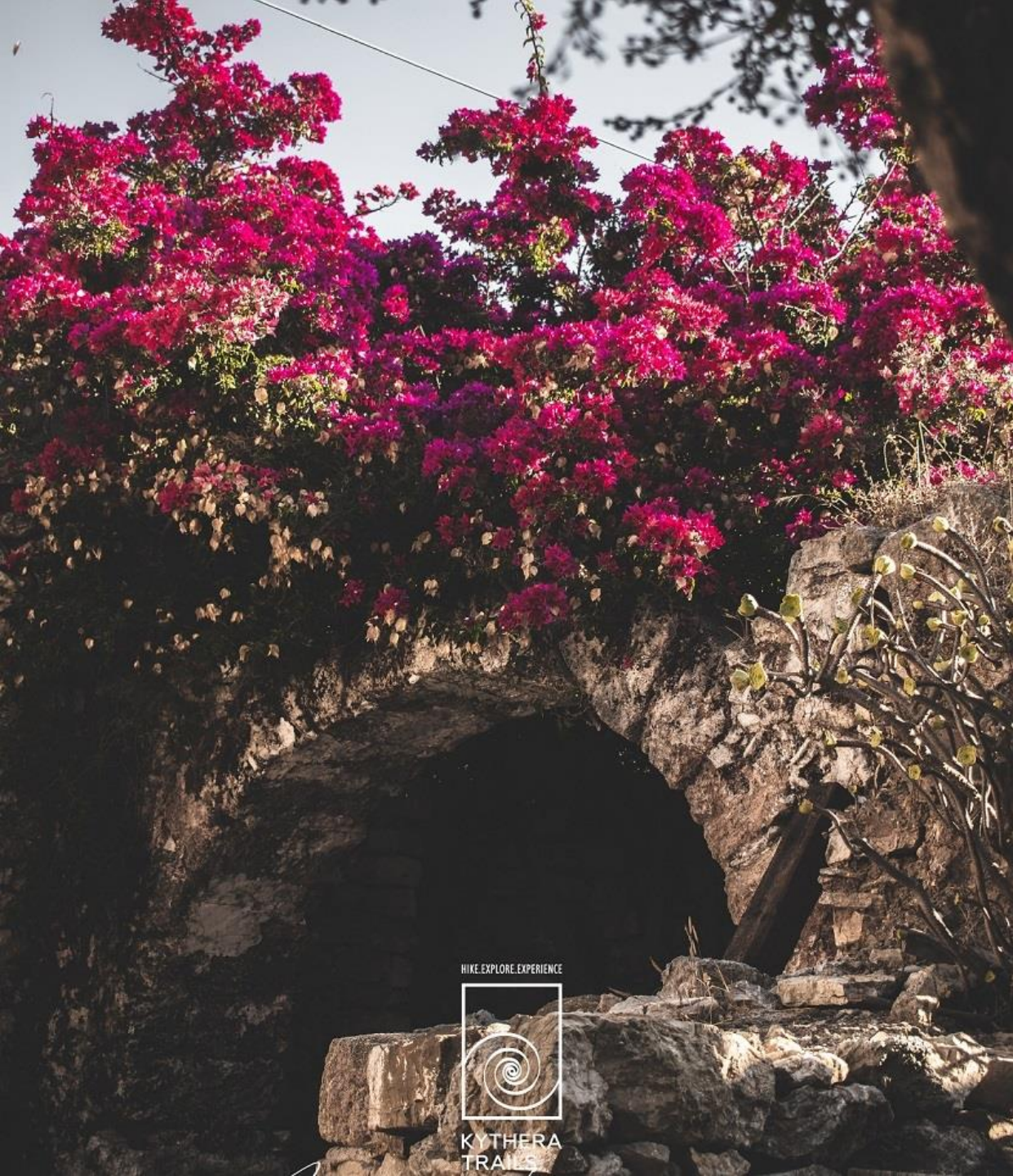


DOMESTIC ESTATE MANAGEMENT COMMITTEE
OF KYTHERA & ANTIKYTHERA



MedINA

MEDITERRANEAN INSTITUTE
FOR NATURE AND ANTHROPOS

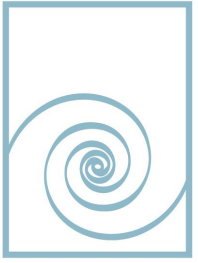


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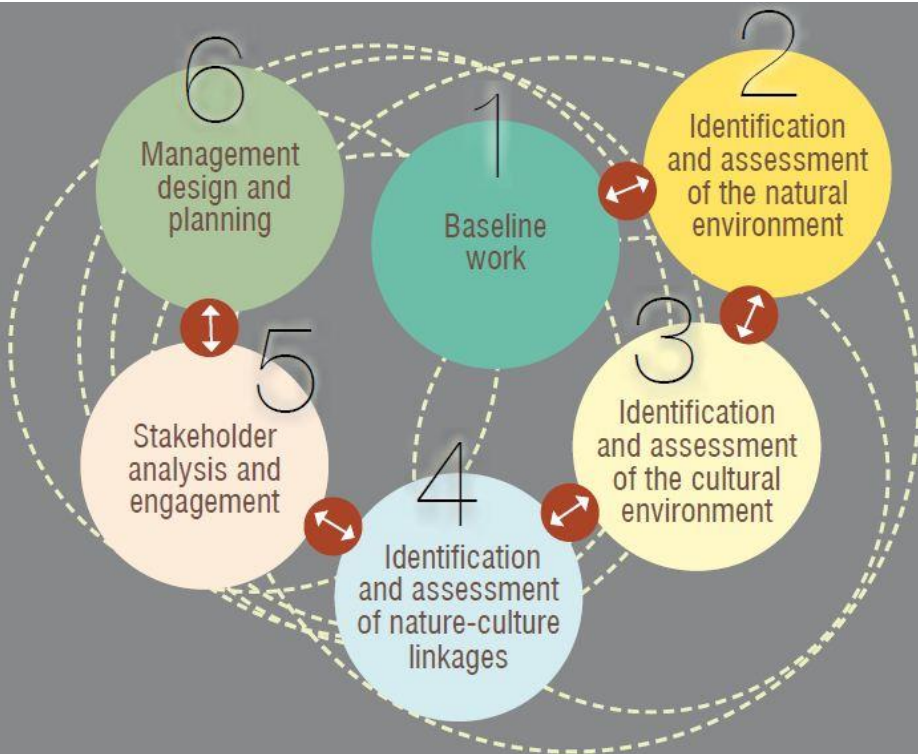
Our Mission

“is to develop an integrated model of sustainable tourism on Kythera and Antikythera islands that will

- provide meaningful experiences to visitors & residents*
- contribute to the prosperity of the local community*
- enhance the islands’ natural & cultural heritage.”*

THE INCREASE APPROACH

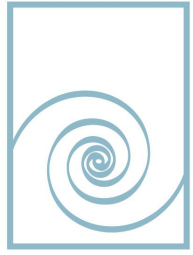
on Integrating Culture and Nature
for Better Conservation Outcomes:



“our programme applies an innovative & collaborative approach, integrating culture and nature”

*“Trail design and
implementation of high
technical expertise, based
on the old traditional trails
of Kythera ”*





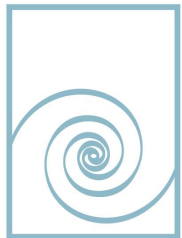
*“We carry out an
ethnographic study to
save local knowledge
for storytelling along
the trails”*





“Two first Trails in Europe certified with the Green Flag for Sustainable Management”





*“The first Via
Ferrata in a small
Greek island”*

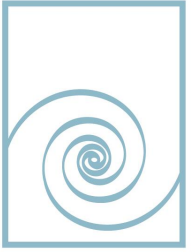


*“follow the ‘iron trail’,
a combination of
canyoning, climbing &
hiking, to experience
safely the hidden world
of Kakia Lagada gorge”*



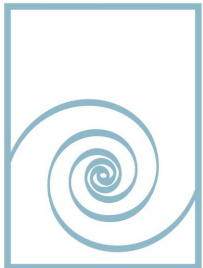


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*“our local community is
supporting and celebrating trails
& hiking, on the footsteps of their
ancestors”*



How can you reach Kythera?



By plane



30 minutes from Athens
(daily, depending on season)



By ferry



7 hours from Piraeus (Athens)
1 hour from Neapoli (daily)
3 hours from Gythio (Peloponnese)
4 hours from Kissamos (Crete)
1.5 hours from Antikythera Island





“combine your visit to Kythera with your adventures in southern Peloponnese or western Crete – yet Kythera can be your standalone multiday destination with so many unique areas to discover”

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11 Trails of 100 km in total
1 Via Ferrata
278 km² is the size of Kythera, boasting:
65 villages
60+ beaches
Countless places of interest & secret spots



Map Design:
STARIDAS GEOGRAPHY Making Maps Pretty
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When to hike on Kythera?

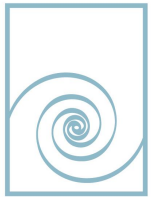
*“All year round, yet Spring & Autumn
are the ideal seasons”*



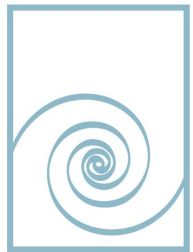


Trail M41 [4.7 km, 2h30']
'The Valley of the Watermills'

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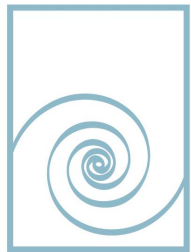
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Trail M49 *‘The Valley of the Watermills’*

“An open air museum of culture & nature with 23 watermills, waterfalls and a medieval fort. Probably Kythera’s most iconic village square with the big plane tree and the local kafenio for food & drinks”





Trails M31 & M44

[9.1 km, 4h30' & 8.8km, 3h45']

'Medieval Kythera'

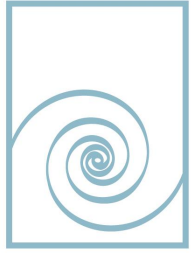
"Conquer the medieval capital of Kythera. Walk through authentic villages, protected for their architecture"





Trails M31 & M44
'Medieval Kythera'

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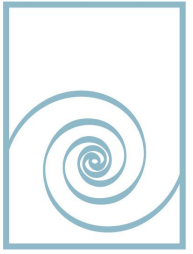
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Trails M31 & M44 *'Medieval Kythera'*





Trails M49 & M49A
[11,5 km, 5h30' & 2,7 km, 1h30']
Kythera North
'Nature In Contrast'



KYTHERA
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Trails M49 & M49A
Kythera North
'Nature In Contrast'





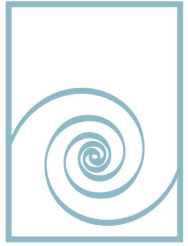
Trails M49 & M49A
Kythera North
‘Nature In Contrast’

*“From the lush green valley of
Karavas.... ”*



Trails M49 & M49A
Kythera North
‘Nature In Contrast’

*“... to the dry seascapes of
Moudari, where one of the most
iconic lighthouses of Greece
stands”*



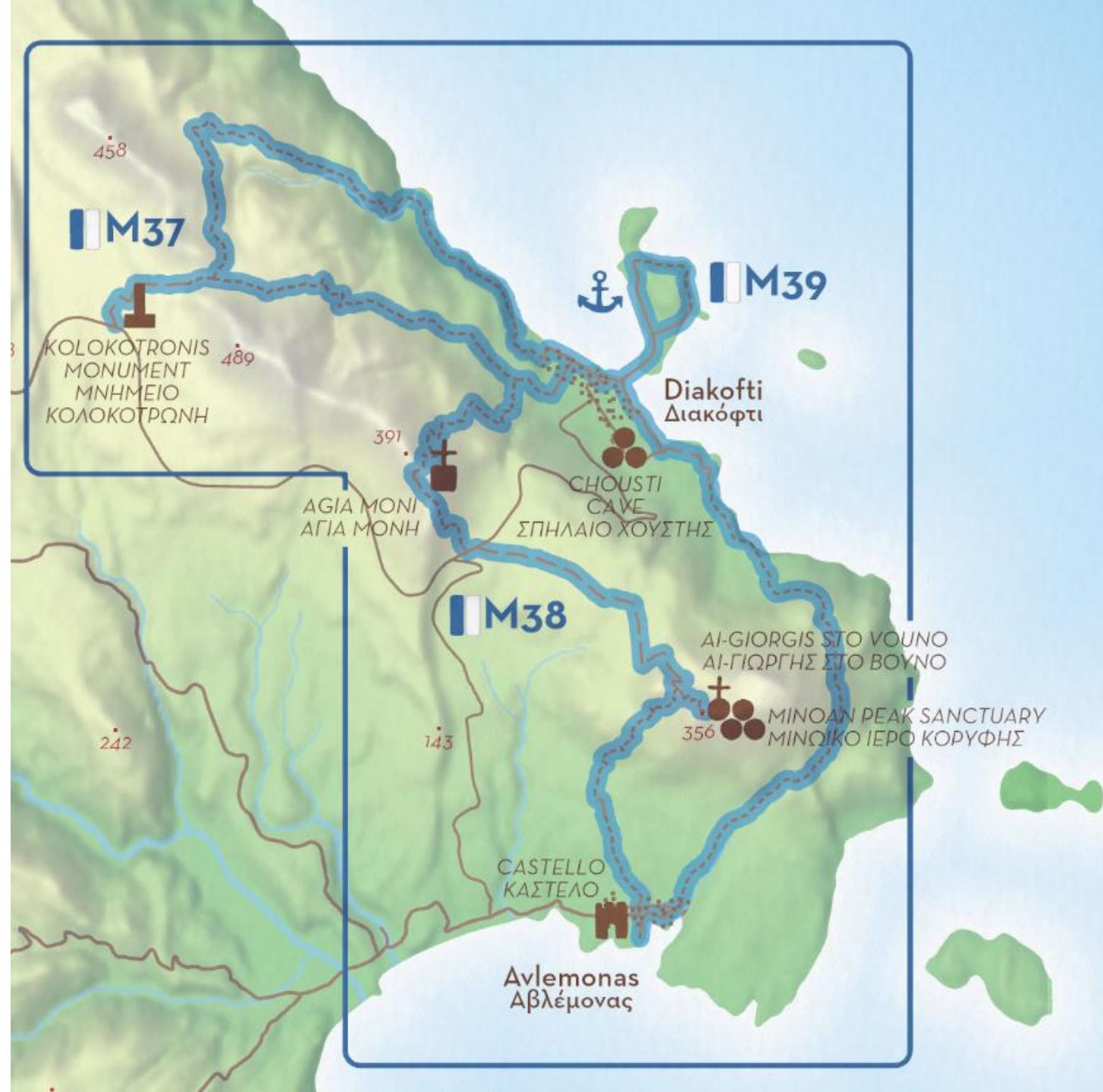
Trails M37, M38 & M39 Kythera East

M37 [9.2 km, 4h30']

M38 [15,6 km, 7h30']

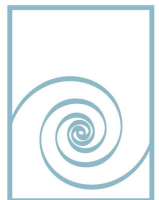
M39 [2.6 km, 1h]

*“Amazing possibilities for multiple
hikes”*





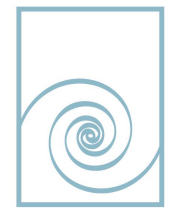
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Hike Trail M38 *‘Enduring Pilgrimage’*

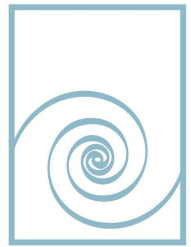
*“Kythera’s longest trail, connecting places
of worship spanning 4000 years”*



Trails M37, M38 & M39

Kythera East





Kythera South

M1 [5 km, 2h15']

M4 [5.3 km, 1h54']

M11 [8.6 km, 4h]

M11A [1.3 km, 30']

M11B [2.8 km, 1h]

M12 [4.1 km, 2h]

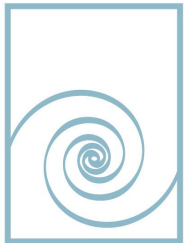
“Multiple route combinations around Kythera’s capital, Chora, and seaside Kapsali, inviting you to reveal their secrets”





Trails M1 & M4

*“Explore the alleyways of
Chora, a protected
settlement for its traditional
architecture”*



Trails M11 & M12
*“Breathtaking views to
the southern shores”*



“Welcome to the world of Kythera Trails”

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